

Morning and Evening Dua'as



Shaikh-ul-Arab wal Ajam Arifbillah
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Daamat barakatuhum

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Dedication

All my writings and compilations of this humble servant are collections of the benefits and blessings of the companionship of our spiritual mentor:

Muhiyyus Sunnah Hadrat Aqdas Maulânâ Shâh Abrâr-ul-Haqq Sâhib *rahimahullâh,*

Hadrat Aqdas Maulânâ Shâh 'Abdul Ghanî Sâhib Phulpûrî *rahimahullâh* and

Hadrat Aqdas Maulânâ Shâh Muhammad Ahmad Sâhib *rahimahullâh*.

Muhammad Akhtar

(May Allâh Ta'ala Pardon Him)

Important Note:

The full benefit of taking tonics and health supplements will only be achieved by the one who refrains from eating poisonous substances.In the similar manner, those who refrain from sin will experience the full benefit of the virtues mentioned herein. If they occasionally err and slip into sin, they immediately repel the harm of the sin with sincere taubah and istighfaar. Therefore, it is vitally important to refrain from sin in order to achieve the benefits of reciting the wazaif mentioned in this booklet.

Protection from the Evil of All Creations

(Recite thrice)

It is reported from Hadhrat Abdullah Ibn Khubaib that once on a dark rainy night, we went out in search of Rasulullah (sallellaho alaihe wasallam), and we found him. Rasulullah (sallellaho alaihe wasallam) said, "*Say*" I enquired, "*What should I say?*" He said, "*Read*...

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

قُلْ هُوَ اللّٰهُ أَحَدٌ ○اَللّٰهُ الصَّمَدُ ○ لَمْ َلِدْ وَ لَمَ ○ يُولَدْ ○ وَ لَمْ َكُنْ لَّه كُفُوًا أَحَد

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

قُل أَعُوْذُ بِرَب الْفَلَقِ ○مِنْ شَرِّ مَا خَلَقَ○ وَمِنْ شَر

غَاسِقٍ إِذَا وَقَبَ ○وَمِنْ شَرِّ النَّفّٰثٰتِ فِي الْعُقَد

○ ○وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ

قُلْ أَعُوْذُ بِرَبِّ النَّاسِ ○مَلِكِ النَّاسِ ○إِلٰهِ النَّاس

○مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ○الَّذي يُوَسْوِسُ فِي

○صُدُوْرِ النَّاس○مِنَ الْجِنَّةِ وَالنَّاسِ

thrice every morning and evening, it will suffice (as protection) from everything."

(Mishkaat p.188)

Surah Ikhlaas

In the name of Allah, Most Gracious, Most Merciful.

Say He is Allah, the Only One,

Allah, the Independent (whom all creatures need),

He begets not, nor is He begotten.

And there is none like unto Him!

Surah Al-Falaq

In the name of Allah, Most Gracious, Most Merciful.
Say: I seek refuge with the Sustainer of daybreak
From the evil of what He has created,
From the evil of the darkness as it overspreads,
From the mischief of thosewho blow on knots (by practicing black magic),
And from the mischief of the jealous one as he practices envy.

Surah An Naas

In the name of Allah, Most Gracious, Most Merciful.
Say: I seek refuge with the Sustainer (Lord and Cherisher of Mankind),
The King (or Ruler) of Mankind,
The Ilaah (God) of Mankind,
From the mischief of the Whisperer (of evil), who withdraws (after his whisper),
Who whisper into the hearts of mankind,
Among jinns and among men.

Note: Mullah Ali Qari (rahmatullah alaihe) has quoted Allamah Tibi (rahmatullah alaihe) in his Mirqaat (vol. 4 p.370), that the meaning of Hadith **تكفيك من كل شي is**

اى تكفيك من كل شر او من كل ورد that these three surahs are sufficient for the protection from all evil, and if the reader does not read any other wazifah besides this, it would suffice him.

Commentary:

Today, many Muslims have problems. Some say black magic(jadoo) has been done on them, their families or on their businesses. If we read this simple wazifah, Allah Ta'ala will save us from all calamities.

Salvation from the Worries of Both Worlds

(Recite seven times)

Hadhrat Abu Darda (radhiallaho anho) narrates that Rasulullah (sallellaho alaihe wasallam) has said, *"Whoever recites this morning and evening seven times, then Allah Ta'ala will become sufficient for his worries of both worlds."* *(Rohul ma'ani, pg. 53 juz. 11)*

حَسْبِيَ اللهُ لَآ إِلٰهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَب الْعَرْشِ الْعَظِيم

The Last Verses of Surah Hashr

It has been narrated by Hadhrat Ma'qal Ibn Yasaar that Rasulullah (sallellaho alaihe wasallam) said that one who recites **thrice** in the morning:

أَعُوْذُ بِاللهِ السَّمِيْعِ الْعَلِيْمِ مِنَ الشَّيْطَانِ الرَّجِيْمِ

I seek protection of Allah, the All-Hearing, and All-knowing from shaitaan, the rejected one.

followed by the last three verses of Surah Hasr **once,** Allah Ta'ala will appoint over him 70,000 angels who will beg for forgiveness

هُوَ اللهُ الَّذِيْ لَآ إِلٰهَ إِلَّا هُوَ عَالِمُ الْغَيْبِ
وَالشَّهَادَةِ هُوَ الرَّحْمٰنُ الرَّحِيْمِ○ هُوَ اللهُ الَّذِي
لَآ إِلٰهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوْسُ السَّلَامُ الْمُؤْمِنُ
الْمُهَيْمِنُ الْعَزِيْزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَانَ اللهِ
عَمَّا يُشْرِكُوْنَ ○ هُوَ اللهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ
لَهُ الْأَسْمَاءُ الْحُسْنٰى يُسَبِّحُ لَهُ مَا فِي السَّمٰوٰتِ
وَالْأَرْضِ وَهُوَ الْعَزِيْزُ الْحَكِيْمُ

Protection from the Calamities of Earth and Sky

(Thrice morning and evening)

Hazrat Abban bin Uthman (radhiallaho anho) narrates from his father that Rasulullah (sallellaho alaihe wasallam) said, *" Any servant who recites (the following) thrice in the morning and thrice in the evening, nothing will harm him."* (Mishkaat, pg.209)

بِسْمِ اللهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيْعُ الْعَلِيْمُ

In the name of Allah, with His Name, nothing can harm anything in the earth and sky and He is All-hearing and All-knowing.

For Protection of One's Religion, Life, Offspring, Family and Wealth

(Seven times)

بِسْمِ اللهِ عَلٰى دِيْنِي و نَفْسِي وَوَلَدِي وَاَهْلِي

وَمَا لِيْ

May the blessings of the Name of Allah be on my religion, myself, my offspring, my family and my possessions.(kanzul Ummaal vol. 2 pg. 636)

Protection from Insanity, Leprosy, White Liverand Paralysis

(Four times)

Hazrat Abdullah Ibne Abbas (radhiallaho anho) reports that Rasulullah (sallellaho alaihe wasallam) said: *"When the dawn breaks and you have performed your fajr salaah, then recite the following dua four times. You will be protected from insanity, leprosy, white liver and paralysis (stroke).*

(Amal al-youm wal-laylah, Ibnus Sunni, pg.118)

سُبْحَانَ اللهِ الْعَظِيْمِ وَبِحَمْدِهِ ولَاحَوْلَ وَلَا قُوَّةَ اِلَّا بِاللهِ

Pure and Sublime is Allah, The Mighty
And praise belongs only to Him. There is no power

(to save a person from sins) nor strength (to accomplish good) but with the help of Allah.

Protection from All Fatal Diseases

(Once daily)

It has been narrated by Hazrat Anas (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) would make this dua:

اَللّٰهُمَّ اِنِّی اَعُوْذُ بِكَ مِنَ الْبَرْصِ وَالْجُنُوْنِ وَالْجُذَامِ وَسَيِّئِ الْاَسْقَامِ

Oh Allah, I seek protection from white liver disease, insanity, leprosy and all fatal diseases."

(Jawaahirul Bukhari, pg.570)

Note: Today, we hear of new diseases all the time, we should read this dua daily. One of the primary causes of disease is sins. By associating with the friends of Allah Ta'ala , a person will build courage and strength to discard sins.

Dua for Increasing the Gardens of Jannah

(Seven times)

Hazrat Abu Hurairah (radhiallaho anho) narrates that Rasulullah (sallellaho alaihe wasallam) said: *"Read*

لَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰہِ

frequently, as this is from the treasures of Jannah.

Hazrat Ibrahim (alaihis salaam) told Rasulullah (sallellaho alaihe wasallam) on the night of Mi'raj to tell the Ummah that they must increase their gardens of Jannah by reciting the above. (Mirqaat, vol.5)

Salaatan Tunjina

(Recite three times)

اَللّٰهُمَّ صَلِّ عَلٰى سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَ عَلٰى

آلِ سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ صَلٰوةً تُنْجِيْنَا بِهَا

مِن جَمِيْع الْاَهْوَال وَالْاٰفَات و تَقْضِى لَنَا بِهَا
جَمِيْع الْحَاجَات و تُطَهِّرُنَا بِهَا مِن جَمِيْع
السَّيِّئٰات و تَرْفَعُنَا بِهَا عِنْدَك اَعْلَى الدَّرَجَات
و تُبَلِّغُنَا بِهَا أَقْصَى الْغَاىَات مِن جَمِيْع
الْخَيْرَات فِى الْحَيٰوة و بَعْد الْمَمَات إِنَّك
عَلٰى كُل شَئ قَدِيْر

O Allah! Shower Your salutations upon our Leader and Master Muhammad (sallellaho alaihe wasallam) and upon the family of our Leader and Master Muhammad (sallellaho alaihe wasallam). Shower such salutations by means of which you grant us salvation from all difficulties and calamities, and by means of which You fulfill all our necessities and You cleanse us from all sins, and You elevate us to the highest stages, and You cause us to achieve every aspiration, from all the good in this world and after death. Verily, You

have power over everything.

There are countless blessings for the recitation of this Darood Shareef. Its recitation is a means of protection from plagues and all sicknesses. The heart also gains tremendous peace and tranquility. The recitation to this Darood Shareef and receiving its blessings is among the experienced practices of the pious personalities. (Zadus Saeed)

Protection from Black Magic

(Three times)

Recite Ayaat 81, 82 of Surah Yunus thrice.

فَلَمَّآ اَلْقَوْا قَالَ مُوْسٰى مَا جِئْتُمْ بِهِ السِّحْرُ ط

اِنَّ اللّٰهَ سَيُبْطِلُهٗ ط اِنَّ اللّٰهَ لَا يُصْلِحُ عَمَلَ الْمُفْسِدِيْنَ ○ وَيُحِقُّ اللّٰهُ الْحَقَّ بِكَلِمٰتِهٖ وَلَوْ كَرِهَ الْمُجْرِمُوْنَ ○

By reciting the above aayat thrice morning and

evening, one is not afflicted by black magic. If one has already been afflicted, the effects will be removed.

Protection from Evil Destiny and Difficulties

(Recite seven times)

اَللّٰهُم اِنِّی اَعُوْذُبِك مِن جَهْدِالْبَلَاء وَدَرْك الشَّقَاء

وَسُوْء الْقَضَاء و شَمَاتَة الْاَعْدَاء

Rasulullah (sallellaho alaihe wasallam) said: ***"O people! Seek refuge in Allah from severe calamities, and from the grips of ill-hope, and evil destiny and from the taunting of enemies."***(Severe calamities mean that a person is unable to cope with a difficulty as a result of which he desires death).

Dua for Guidance and Protection from the Evil of One's Nafs (Inner-Self)

(Recite three times)

It has been narrated by Hazrat Imraan bin Husain (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) had taught his father this dua:

اَللّٰهُمَّ اَلْهِمْنِى رُشْدِى وَاَعِذْنِى مِن شَرِّ نَفْسِى

"*Oh Allah, inspire me with guidance and protect me from the evil of myself."*

(Tirmizi vol.2 pg.186)

Dua for Deliverance from Shirk(Assigning Partner with Allah Ta'ala)

It has been narrated by Hazrat Abu Bark (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) said: *"Ascribing partners to Allah in my Ummah is much more hidden that the pace of an ant crawling upon a black stone."*(Kanzul Ummaal vol.2 pg.816)

Shirk is a very hidden thing. It enters the heart very silently and very few are saved from it.

Upon hearing this, Hazrat Abu Bakr (radhiallaho anho) asked in a frightened manner, *"How can one be saved from it?"* Rasulullah (sallellaho alaihe wasallam) said: "*Should I not show you such a supplication (dua) that if yourecite it, you will be free from minor and major shirk.*" Hazrat Abu Bakr (radhiallaho anho) begged him to tell him. Rasulullah (sallellaho alaihe wasallam) instructed him to say:

اَللّٰهُم اِنِّی اَعُوْذُبِك اَن اُشْرِك بِك وَاَنَا اَعْلَم

وَاَسْتَغْفِرُك لِما لَا اَعْلَم

"O Allah, I seek protection in You from that I ascribe partners to You knowingly and I seek forgiveness from You for those things which I do not know." (Kanzul Ummaal vol.2 pg.816)

Commentary:

By continuously reciting this Dua, there is guarantee of safety from shirk, and glad tidings of sincerity.

Sayyidul Istighfaar

(Recite once)

Hazrat Shaddad bin Aus (radhiallaho anho) reports that Rasulullah (sallellaho alaihe wasallam) said: *"Sayyidul Istighfaar (i.e. The Greatest Istighfaar) is to beseech Allah Ta'ala in the following manner:*

اَللّٰهُمَّ اَنْتَ رَبِّی لَآ اِلٰهَ اِلَّا اَنْتَ خَلَقْتَنِی وَاَنَا عَبْدُكَ

وَاَنَا عَلٰی عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ اَعُوْذُبِكَ

مِنْ شَرِّ مَا صَنَعْتُ اَبُوْءُلَكَ بِنِعْمَتِكَ عَلَیَّ وَاَبُوْءُ

بِذَنْبِی فَاغْفِرْلِی فَاِنَّهٗ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ

O Allah! You alone are my Rabb (Lord). There is none worthy of worship besides You. You indeed have created me and I am only Your slave. I am steadfast upon Your covenant and promise to the extent I can. I seek refuge in You from the sins I have committed. I acknowledge Your favors upon me and I confess to my sins. Forgive me for verily none forgives sins except You."

(Bukhari Shareef, vol. 2 pg.932-933)

NOTE: In a narration of Bukhari Shareef and Nasai Shareef, it is reported from Hazrat Shaddad bin Aur (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) said: *"The one who recites this dua in the morning and passes away before the evening, he will pass away as a Shaheed (martyr). Likewise, the one who recites this in the evening and passes away before the morning, he too will pass away as a Shaheed.*

Commentary:Apparently, the secret in there being such a great virtue for this Istighfaar is that every word is filled with the spirit of servitude and slavery.

A Comprehensive Dua that Consists of all the Duas made by Rasulullah (Sallellaho Alaihe Wasallam) in his Twenty-Three Years of Prophet Hood

(Recite once)

Hazrat Abu Umama (radhiallaho anho) reports that Rasulullah (sallellaho alaihe wasallam) made numerous duas but some of us could not remember any of these duas. We said to him: "*O Nabi of Allah (sallellaho alaihe wasallam)! You have made immumerable duas but we do not remember any of them*." Rasulullah (sallellaho alaihe wasallam) replied: "*Should I not show you such a comprehensive dua which includes all these duas? Say:*

اَللّٰهُم اِنِّی اَسْئَلُك مِن خَیْر مَا سَئَلَك مِنْه نَبِیُّك

مُحَمَد صَل الله عَلَیْه وَسَلَّم و اَعُوْذُبِك مِن شَر مَا

اسْتَعَاذ مِنْه نَبِیُّك مُحَمَدٌصَل الله عَلَیْه وَسَلَّم وَاَنْت

الْمُسْتَعَان وَعَلَیْك الْبَلَاغ وَلَا حَوْل وَلَا قُوَّة اِلَّا بِالله

O Allah! I beg of You for all the good that Your Nabi Muhammad (sallellaho alaihe wasallam) asked of You and I seek refuge from all the evil that Your Nabi Muhammad (sallellaho alaihe wasallam) sought refuge from. You alone are the one from whom help is sought. And it is upon You to answer our plea. There is no power to refrain from sins and to perform righteous deeds except from You.

Dua for the Fulfillment of Debts and Removal of Grief and Sorrow

Hazrat Abu Saeed Khudri (radhiallaho anho) reports that a person came to Rasulullah (sallellaho alaihe wasallam) and said: *"I have been overcome by worries and debts(that I am consumed by the worry of the payment of my huge debts*). Rasulullah (sallellaho alaihe wasallam) replied: *"Should I not show you such a dua which, if you read it, Allah Ta'ala will remove your worries and will fulfill your debts?"* The person exclaimed: *"Please do tell me."* Rasulullah (sallellaho alaihe wasallam) said: *"Recite the*

following every morning and evening:

اَللّٰھُم اِنِّی اَعُوْذُبِك مِن الْھَم وَالْحُزْن وَاَعُوْذُبِك

مِن الْعَجْز وَالْكَسَل وَاَعُوْذُبِك مِن الْبُخْل وَالْجُبْن

وَاَعُوْذُبِك مِن غَلَبَة الدَّيْن وَقَھْر الرِّجَال

O Allah! I seek refuge in You from grief and worries, and I seek refuge in You from being unable (to do what is required) and from laziness and cowardice, and I seek refuge in You from excessive debts and from being overpowered by people."(Mishkaat pg.215)

Dua for Continuous Wellbeing and Retaining Of the Favors of Allah Ta'ala

Hazrat Abdullah bin Umar (radhiallaho anhoma) reports that Rasulullah (sallellaho alaihe wasallam) prayed thus:

اَللّٰهُم اِنّى اَعُوْذُبِك مِن زَوَالِ نِعْمَتِك وَتَحَوُّل عَافِيَتِك و فُجَاءَة نِقْمَتِك وَجَمِيْعِ سَخَطِك

"O Allah! I seek refuge in You from favors being taken away, and I seek refuge in You from my safety being snatched away, as well as from Your sudden punishment and from every displeasure of Yours."(Mishkaat pg.217)

Salaatul Hajaat

The Salaat to Be Performed When One Has a Need

When a need arises, perform a proper wudhu then perform two rakats of salaah with full devotion and concentration. Hymn the praises of Allah Ta'ala, recite darood upon Rasulullah (sallellaho alaihe wasallam) and then recite the following dua at least once. However, it may be recited as many times as one wish.

لَا اِله اِلَّاللّٰهُ الْحَلِيْم الْكَرِيم سُبْحَان لله رَب الْعَرْش

الْعَظِيم وَالْحَمْدُلله رَب الْعٰلَمِيْن اَسْئَلُك مُوْجِبَات

رَحْمَتِك وَعَزَائِم مَغْفِرَتِك وَالْغَنِيْمَة من كُل بِر

وَالسَّلَامَة مِن كُل اِثْم لَا تَدَع لىٖذَنْبًا اِلَّا غَفَرْتَه وَلَا

هَمًّا اِلَّا فَرَّجْتَه وَلَا حَاجَةًهِى لَك رَضًا اِلَّا قَضَيْتَهَا

يَا اَرْحَم الرّٰاحِمِيْن

There is none worthy of worship besides Allah, the Clement, the Bountiful. Glory be to Allah, Sustainer of the Magnificent Throne. Praise be to Allah, Sustainer of the worlds. Oh Allah, I ask of You all those actions which draw Your Mercy and which makes Your forgiveness necessary, I ask of You a fair share of every goodness and protection from all sins. Do not leave any of my sins unforgiven and no need (of mine) with which You are pleased, unfulfilled, O Most Merciful of those who show mercy.(Tirmizi vol.1,pg.108-109)

Dua for Steadfastness on Deen

Hazrat Shahr bin Jaushab (radhiallaho anho) says: "*I asked Umme Salma (radhiallaho anha) 'What was the dua most often read by Rasulullah (sallellaho alaihe wasallam) in his house?'* She replied that Rasulullah (sallellaho alaihe wasallam) used to read:

يَا مُقَلِّبَ الْقُلُوْبِ ثَبِّتْ قَلْبِى عَلٰى دِيْنِك

O the Controller of hearts! Make my heart firm on Your Deen.(Tirmizi)

Dua for Following the Truth and Abstaining From Falsehood

اَللّٰهُم اَرِنَا الْحَق حَقًا وَّارْزُقْنَا اتِّبَاعَه وَاَرِنَا الْبَاطِلِ بَاطِلًا وَّارْزُقْنَا اجْتِنَابَه

O Allah! Enable me to see the Truth as Truth and give me the ability to follow it. And enable me to see the falsehood as false and give me the ability to refrain from it.

(Tafseer ibne Katheer vol.1 pg.292 verse 213)

It is clearly understood from the above that it is not sufficient to merely recognize the Truth. It is also necessary to practice upon it. If one recognizes the Truth but does not practice upon it, one will be a criminal. Likewise, it is not sufficient to recognize what is evil. It is also necessary to refrain from it. Sometimes one recognizes the evil. He understands that it is a sin, yet he does not refrain from it. He too is a criminal. It is the eloquence of the speech of Rasulullah (sallellaho alaihe wasallam), that in such short words, such an eloquent and comprehensive message is delivered.

One who continuously recite this dua, will Inshallah be able to distinguish between good and evil, and he will receive the ability to practice on the good and refrain from the evil.